

MEN AND CONNECTION

We all need a place and someone to be able to talk with about the stuff that really matters to us in this hectic world. Many of us men have one or two other guys that we can hang out with...people that we feel comfortable talking about sports, work, or something else that is fairly safe. But where do we turn when we realize we have more to talk about...stuff that is hard to share with other people...other men?

Men and Connection is a place for men who want a safe place to meet these deeper needs. It is a place and a time to learn and to trust. Give yourself this gift of connection you so rightly deserve.

WHEN: Wednesday Nights

WHERE: Sequoia Counseling Services

COST: \$180 per month

WITH: Terry Wilcox-Rittgers, M.S., M.F.T.

Terry has been with Sequoia Counseling Services since 1991, and has facilitated men's groups for over 15 years.

Please Call Terry for more information or to set up a complementary interview. (650) 363 0383 X123

